



# TEACHER TRAINING



# DESTINATION

## HELMo University College in the Walloon region

8200  
STUDENTS

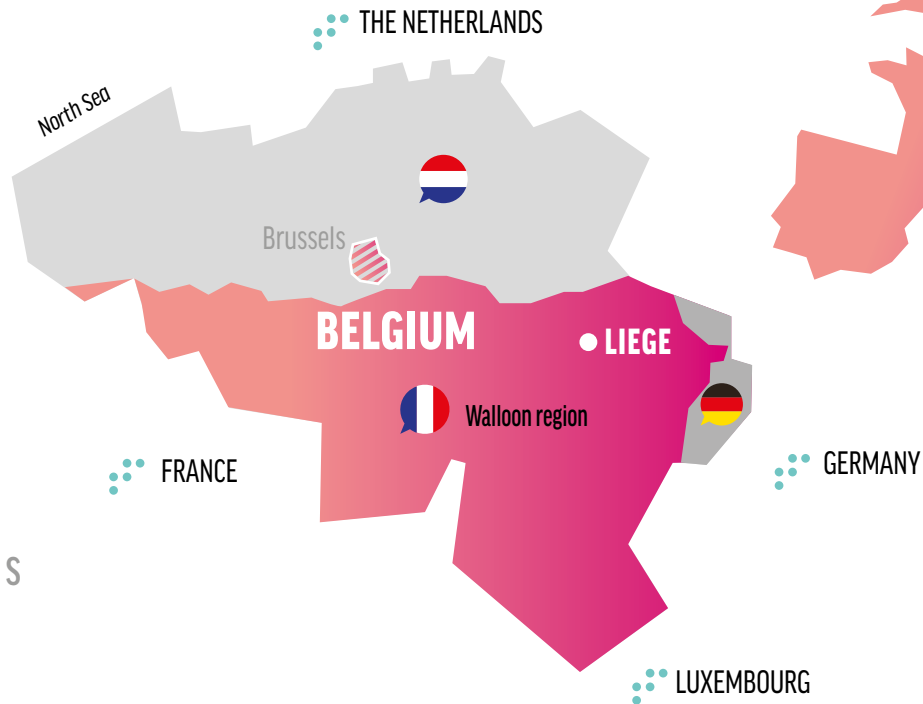
5  
DEPARTMENTS

900  
STAFF  
MEMBERS

+40 BACHELOR,  
MASTER DEGREES AND  
SPECIALIZATIONS

1800  
GRADUATES A YEAR

11 INSTITUTES  
AND 3 CAMPUSES  
in Liège, Loncin, Huy,  
Theux and Verviers





## Studying at HELMo is...

Attending programmes of high quality, which allow students to **be creative and active** during their studies

Working closely with the **local community** and with a **very large network of organizations** willing to help its students meet the requirements of the job market

Having the possibility to participate to **double or triple degree programmes**

Benefiting from a **student based teaching methodology**: disciplines are practical and open to the labour market. The teaching methods used are lectures, discussions in small groups of students, placements, final assignment... In the Master degrees, the methods used are inductive: from case analysis to theoretical justification; an alternation of theory - practice, research missions with a strong link to industries and universities, optional course units and final assignment for students in the last study year

Attending **degree programmes open to the world**: HELMo has signed more than 100 bilateral agreements with institutions of Higher Education in Europe and around the world

Being in an institution which is a **member of thematic networks** (Businet, Comenius Association, EAIE, EASSW, ERACON, FESET, NIBS)

Being allowed to attend courses and lectures in **other institutions** of higher Education

**Doing internship abroad**



## Life at HELMO is...

Participating to **research and innovation projects**

Benefiting from **pedagogical tools and infrastructures, always improved**: new campuses, computer rooms, Wi-fi, e-learning

Being accompanied by a **students' department** and/or an **Educational and social assistance** (workshops, stress management, tutoring...)

**Joining** a students' association, parties, cultural events, sports association and **a lot of projects** in the different departments

Having support from an **international office** for all Erasmus exchanges, internships abroad, intercultural meetings, ...

Always **Lifelong learning**



# DESTINATION



## LIEGE

Coming to HELMo is discovering a very rich and diversified region close to Germany, the Netherlands, France and Luxemburg. Liège has long been described as being one of three sisters, together with Aachen (in Germany) and Maastricht (in the Netherlands).

Studying in Liège is also discovering a city with a rich historical, cultural and industrial past. It is the largest city of the French-speaking community in Belgium and is the economic capital of the Walloon Region. Called "la Cité Ardente" with reference to the independent spirit of its inhabitants, Liège has a lot of museums and prestigious cultural institutions like the Orchestre Philharmonique Royal de Liège, The Opéra Royal de Wallonie or the new Theatre, the Reflektor for music concerts...

As a student town, Liège has an important social life and is crawling with pubs, cinemas, restaurants, sports centres, etc...

From being an old steel-manufacturing-based town, it has successfully undergone a transition into developing high-technology industries and services: with some significant development poles in sectors such as space, biotechnology, transport and logistics...

But the most significant point is that Liège is a warm open-minded town, thanks to its geographical position mixing French, Flemish, Dutch and German cultures.



© Botond Horvath / Shutterstock.com



“LIÈGE-BASTOGNE-LIÈGE”

OPEN-MINDED  
CITY

LE CARRÉ

FOLKLORE  
(TCHANCHÈS-NANÈS)

LIVELY  
CITY

ST TORÈ

ECONOMIC CAPITAL  
OF WALLONIA

VERY RICH AND  
DIVERSIFIED REGION  
CLOSE TO GERMANY  
AND THE NETHERLANDS

WAFFLES

SIROP

MULTICULTURAL  
CITY



THEATER

BEER

STUDENTS' LIFE

AIRPORT

BOULETS-FRITES

SPACE CENTER

LOGISTICS

JEUDREDI

OPERA

CHOCOLATE

STANDARD DE LIÈGE

LES FRÈRES DARDENNE  
(MOVIE MAKERS)

WITH A RICH  
HISTORICAL, CULTURAL  
AND INDUSTRIAL PAST

MIX OF FRENCH, FLEMISH,  
DUTCH AND GERMAN  
CULTURES

MUSIC PLAYERS

BIOTECHNOLOGY

# DESTINATION



## THE INTERNATIONAL RELATIONS OFFICE AT HELMO

The main international Relations office is managed by :



**Julie Guiot**  
(Head of the department)  
j.guiot@helmo.be



**Manon Habay**  
(incoming and outgoing students officer)  
m.habay@helmo.be  
+32 4 220 61 07

It works in close collaboration with the international coordinators from the different study programmes.

One of the most important aims of the international office is to increase the number of exchange students (outgoing and incoming).

Therefore, incoming students are very welcome to HELMO:

**Compulsory welcome days** at the beginning of each semester (in September and in January) – social, cultural, linguistic and integration activities are offered during these days. Students usually meet the international coordinator of the study programmes, they also have the opportunity to discover the department and to meet other Erasmus students. They have to attend a conference about the Belgian Culture and habits.



A **module called “Belgian Culture and Heritage”**: It gives incoming students the opportunity to visit Belgian towns, to taste traditional Belgian meals, to discover regional product makers. It can be included in the Learning agreement for 2 ECTS.

### French as a foreign language

As most of the study programmes are taught in French, we recommend students to have a very good level in French; in some departments, the B1 level is required.

Therefore, in order to help the incoming students improve it, HELMo offers a French course (5ECTS) during the autumn semester. And during the spring semester, HELMo has a partnership with ISLV - University of Liège (5 ECTS).

However, the business department offers a 30 ECTS programme in English ONLY during the autumn semester.

**Academic recognition:** HELMo adheres to the fundamental aims of the Bologna process, and to transcribe the records obtained abroad, HELMo uses the Egracons system (<http://egracons.eu/>).

**ESN Team** was set up to organize activities for incoming students, to help them during their stay in Liège;

### The ESN will:

Pick up students on arrival	Help students find accommodation
Advise about events at HELMo, in Liege or even in Belgium (concerts,...)	Organize sport, cultural and social activities
Do not hesitate to check our facebook page	



Further information can be found on <https://www.helmo.be/CMS/Profils/International/EN/Students-IN.aspx>.

# TEACHER TRAINING DEPARTMENT



## Introduction



### ••• A UNIVERSITY COLLEGE ON THE MOVE

HELMo offers a high performance teacher training including theory and practice from the start, and a wide range of teacher training programs. All programs are **3-year** bachelor courses.

Early childhood education	Children aged 2 ½ to 6
Primary education	Children aged 6 to 12
Secondary education optional subjects : <ul style="list-style-type: none"> <li>• French as a mother tongue and French as a foreign language</li> <li>• French as a mother tongue and Roman Catholic religion</li> <li>• English-Dutch</li> <li>• English-German</li> <li>• mathematics</li> <li>• sciences : biology, chemistry, physics</li> <li>• human sciences : history, geography and social sciences</li> <li>• health, social and home economics</li> </ul>	Teenagers from 12 to 15 or more
Physical education	Children aged 6 to 15
Specialization in teaching children with special needs (1 year)	



## 4 LOCATIONS



CAMPUS  
des COTEAUX



### Liège - HELMo Sainte-Croix - Campus des Coteaux

- A school with a soul in the historical heart of Liège, at the foot of the green hills, les Coteaux de la Citadelle
- Close to the city centre, HELMo Sainte-Croix welcomes over 1,000 teacher trainees in dynamic projects opening onto the outside world.
- Pre-primary, primary and lower secondary + specialization



### HELMO Huy

- Located in the heart of Huy (between Liège and Namur), in a lovely setting, the main characteristic of our teacher training college is its family atmosphere.
- Primary only



### Theux - HELMo Saint-Roch

- Looking down on the river Hoëgne, in an exceptional green setting, HELMo Saint-Roch breathes fresh air.
- Away from the city, in a quiet surrounding but only a 5-minute walk from the centre of the small town of Theux.
- A smaller scale "green" location in the famous Ardennes.
- Primary only



### Liège - HELMo Loncin

- A special unit 7 km away from Liège dedicated to physical education only.
- A privileged setting, an institute on a human scale, an open and positive learning environment.
- Physical education only



# INCOMING STUDENTS

<https://learn.helmo.be/course/view.php?id=1689>



## Erasmus+: « Learn to learn in French immersion »

- You are integrated in our classes in French immersion during one semester or one school year. You follow lectures, take part in didactic activities, go on teaching practice and have assessment for a certain amount of ECTS.



### Language

French only.

It is therefore compulsory **to be fluent enough in French (minimum B1 level)** in order to be able to follow lectures and to take an active part in the activities, including school placement in French.

### Public

Teacher trainees for pre-primary, primary or secondary school, or students specializing in teaching children with special needs.

\* for secondary education, please check the options we offer

### Dates

1 semester or 1 school year

(We can't accept students on a shorter Erasmus+ program).

- **autumn semester : from the beginning of September to the end of January**
- **spring semester : from the end of January to the end of June**

Our semesters start with a few « Welcome Days » which are compulsory and included in the dates we mention.

### Course offer

- psychology and pedagogy
- didactics : observation of several teaching methods in different contexts, analyzing and building lessons
- French as a foreign language
- school placement : in pre-primary, primary, secondary or specialized schools
- specific subjects

### Course offer specific to each option :

<https://learn.helmo.be/course/view.php?id=3816#section-1>

### Admission procedure

Follow the procedure on our website : <https://learn.helmo.be/course/view.php?id=1689#section-7>.

Deadline for registration : June 1<sup>st</sup> for autumn semester and December 1<sup>st</sup> for spring semester.



## School placement in the Frenchspeaking Community of Belgium

- Trainees collaborate with one or several mentors in a pre-primary, primary, secondary or special needs school. The first days are spent observing classes. Then trainees gradually start teaching the pupils, according to some previous agreement between the partner institutions.



### Language

French + opportunities in English, Dutch and German in immersion schools

### Public

Teacher trainees for pre-primary, primary or secondary school

- either with a **good level in French** in order to be able to go on school placement in French;
- or **English, Dutch or German speaking** with some basic knowledge of French in order to be able to teach English, Dutch or German as *foreign languages*, or to teach in English, Dutch or German in **immersion** schools (limited opportunities).

### Admission procedure

Follow the procedure on our website : <https://learn.helmo.be/course/view.php?id=3819#section-2>.  
Deadline for registration : June 1<sup>st</sup> for autumn semester and December 1<sup>st</sup> for spring semester.



## International week: « All different but together in school: managing diversity »

- Come and share an unforgettable Belgian experience with other European teacher trainees at HELMo



### Language

**English.** It is absolutely necessary for participants to understand and to be able to communicate in English (minimum level : B1).

French is sometimes used in some workshops, but not in all of them.

Participants can be hosted in host families, which is an opportunity for those who want it to experience immersion in French in the evening.

### Public

Teacher trainees for pre-primary, primary or secondary school

### Program

- INTERCULTURAL WORKSHOPS :** ICE-BREAKING ACTIVITIES  
 • **WHAT IS INTERCULTURALISM ?** GUIDED TOUR IN LIEGE  
 • **MANAGING MINORITY, MIGRANT AND REFUGÉE CHILDREN IN SCHOOL** SCHOOL VISIT  
 • **CHALLENGES FOR TEACHERS** THE BELGIAN EDUCATION SYSTEM

### Date

one week in February, March or April. Check the precise date on our website : <https://learn.helmo.be/course/view.php?id=3820>

### Registration procedure

Follow the procedure on our website : <https://learn.helmo.be/course/view.php?id=3820#section-2> .  
Deadline for registration : November 15<sup>th</sup>

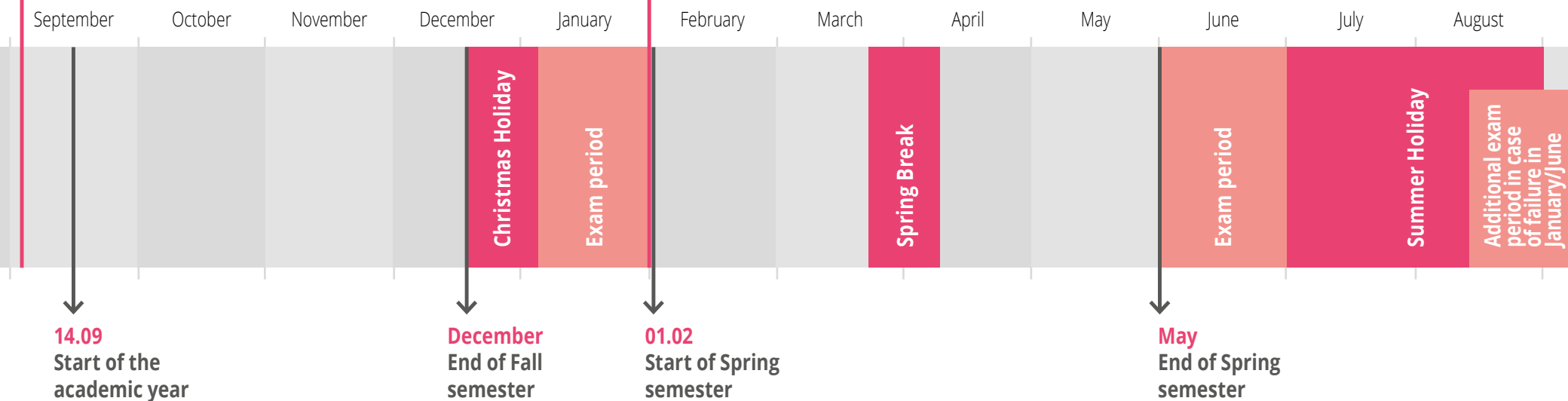


# PRACTICAL INFORMATION

## ACADEMIC CALENDAR

**Autumn**  
Welcome days

**Spring**  
Welcome days



## APPLICATION

### APPLICATION DEADLINES:

> 1<sup>ST</sup> JUNE FOR THE FALL SEMESTER

> 1<sup>ST</sup> DECEMBER FOR THE SPRING SEMESTER

The **nomination** (Name + last name + study field + study period) **must be sent** by the home university to the international departmental coordinator (see contact persons on the back cover).

After receiving the nomination, he/she will **send the Erasmus application form**. It has to be filled in and sent back to him/her.

An **acceptance letter** will be afterwards delivered (within three weeks).

HELMo **requires the Learning Agreement (LA)** before the beginning of the Erasmus stay. This has to be approved by the departmental coordinators in both institutions.



## OTHER INFORMATION



### 1. ID, PASSPORT, VISA

It is recommended to check the website of the Belgian Diplomacy: [www.diplomatie.be](http://www.diplomatie.be).

EU students need to have a valid ID or passport (check which one you need to travel to Belgium), and, depending on your nationality, home country and country of birth, a temporary stay permit.

NON EU Students need to contact the Belgian's embassy in their country, have to prove they have sufficient incomes for their stay in Belgium. They also need a copy of criminal record and a medical certificate.

### 2. HEALTH INSURANCE

EU students need the European health insurance card (the blue one) to be covered by the social security in Belgium.

Non EU students need to contact their home health insurance to check what kind of documents they need in Belgium in order to be covered by a social fund.

### 3. ACCOMMODATION

HELMo does not provide any accommodation of its own. However, the ESN will help Erasmus students find something suitable.

Accommodation for students in Liège is usually rooms or small flats in private houses (called « Kots ») with a private bathroom and a kitchen corner with furniture, or rooms in campus dormitories with shared bathroom and kitchen.

For further information, do not hesitate to check the following pages:  
<https://www.helmo.be/CMS/Profils/International/EN/Students-IN/Pratical-information.aspx#doc>.

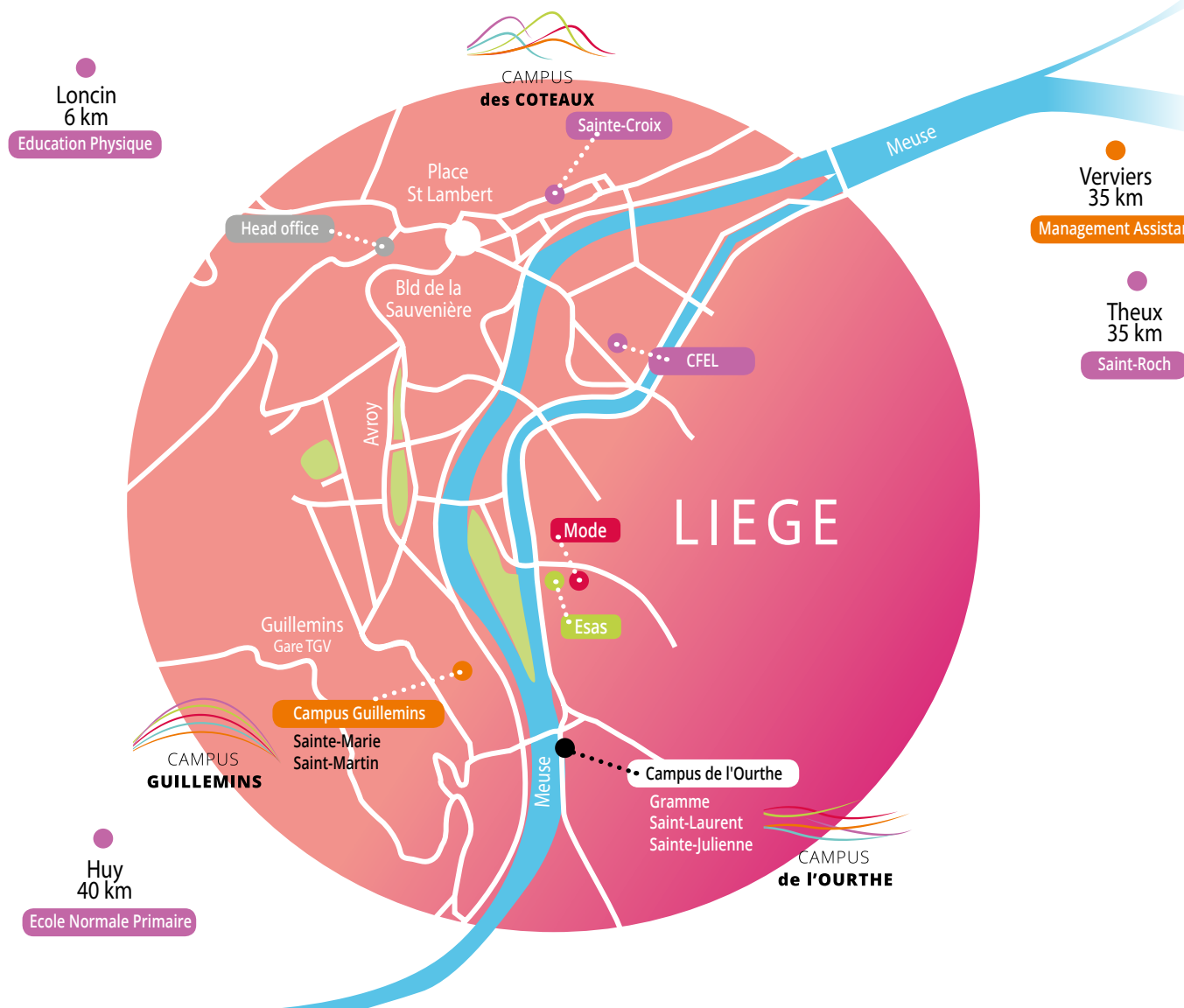
Students coming for an international week have to contact the organizer to find a weekly accommodation

# HELMo IS ALSO

Mont Saint-Martin, 45 - 4000 LIEGE  
Tél.: 04/222 22 00 - Fax: 04/221 60 43  
E-mail: info@helmo.be  
[www.helmo.be](http://www.helmo.be)

**HELMo**  
Haute Ecole  
Libre Mosane

## HELMo is also 11 institutes in 5 cities



This brochure was designed and made by the HELMo Communication Service, in association with the International Relations Office.

### Chief-Editor:

Nicolas CHARLIER,  
Communication Service Director,  
Mont Saint-Martin, 45 in 4000 LIEGE

### Updates:

Nicolas CHARLIER, Julie Guiot, Manon Habay and Martine Wilmots

### Photographs:

Samuel SZEPEIUUK, Alice DRIESEN and Botond Horvath (Shutterstock.com)

**Graphic design:** La Maison du Graphisme

### Legal notes:

The HELMo Haute Ecole pays particular attention to the writing of this document. The HELMo Haute Ecole however does not guarantee the accuracy of the information. The reader must also be aware that this information is subject to changes, without prior notice.

The HELMo brochures are printed on paper made of recycled fibres and wood fibres from sustainable forest management.

HELMo is a member of:



# and +40 study programmes

Sectors	Fields of study	Programmes	Code	Campus	Departments	
Human and social sciences	Political and Social Sciences	Social worker	0923	HELMo ESAS	●	
		Social Engineering and Action	0923	HELMo ESAS	●	
	Legal sciences and criminology	Insurance	0412	HELMo Campus Guillemins	●	
		Law	0421	HELMo Campus Guillemins	●	
	Economic and management sciences	Management Assistant (Liège)	0415	HELMo Campus Guillemins	●	
		Management Assistant (Verviers)	0415	HELMo Verviers	●	
		International business	0416	HELMo Campus Guillemins	●	
		Accounting	0411	HELMo Campus Guillemins	●	
		International Cooperation	0320	HELMo Campus Guillemins + HEPL	●	
		Public Management	0413	HELMo Campus Guillemins + HEPL	●	
		Marketing	0414	HELMo Campus Guillemins	●	
	Psychology and educational sciences	Preprimary Teacher	011	HELMo Sainte-Croix	●	
		Primary Teacher (Liège)	011	HELMo Sainte-Croix	●	
		Primary Teacher (Huy)	011	HELMo Huy	●	
		Primary Teacher (Theux)	011	HELMo Saint-Roch	●	
		Lower secondary education teacher in French as a mother tongue and French as a foreign language	011	HELMo Sainte-Croix	●	
		Lower secondary education teacher in French and religion	011	HELMo Sainte-Croix	●	
		Lower secondary education teacher in English + Dutch or English + German	011	HELMo Sainte-Croix	●	
		Lower secondary education teacher in Mathematics	011	HELMo Sainte-Croix	●	
		Lower secondary education teacher in Sciences	011	HELMo Sainte-Croix	●	
		Lower secondary education teacher in Human sciences	011	HELMo Sainte-Croix	●	
		Lower secondary education teacher in health, social and home economics	011	HELMo Sainte-Croix	●	
		Lower secondary education teacher in French as a foreign language	011	HELMo Sainte-Croix	●	
		Lower secondary education teacher in Physical education	011	HELMo Loncin	●	
		Youth worker specialised	031	HELMo CFEL	●	
		Youth worker specialised in social and sports activities	031	HELMo ESAS	●	
		Specialised bachelor in educator in school environments	011	HELMo CFEL +HECH	●	
		Specialised bachelor in teaching children with special needs	011	HELMo Sainte-Croix	●	
	Health	Biomedical and Pharmaceutical sciences	Medical laboratory technologist	0914	HELMo Sainte-Julienne	●
			Midwife	0913	HELMo Sainte-Julienne	●
		Public Health sciences	Nurses responsible for general care	0913	HELMo Sainte-Julienne	●
			Specialised bachelor in paediatrics	0913	HELMo Sainte-Julienne	●
Specialised bachelor in mental Health			0913	HELMo Sainte-Julienne	●	
Specialised bachelor in intensive care and emergency medical aid			0913	HELMo Sainte-Julienne	●	
Motricity sciences	Specialised bachelor in psychomotility	0922	HELMo Sainte-Julienne	●		
Sciences and Techniques	Sciences	Business Informatics	0613	HELMo Campus Guillemins	●	
		Computing and systems : Automatic	0613	HELMo Saint-Laurent	●	
		Computing and systems : Systems security	0613	HELMo Campus Guillemins	●	
		Robotics	0613	HELMo Saint-Laurent	●	
	Engineering and technology	Industrial engineering	07	HELMo Gramme	●	
		Industrial engineering: sustainable Energy engineering	0712	HELMo Gramme	●	
		Textile - fashion techniques	0212	HELMo Mode	●	
	Techniques and sales	071	HELMo Saint-Laurent	●		



Any question? Need more? Don't hesitate! Come and visit us!



**Martine Wilmots**  
**International officer teacher training department**  
m.wilmots@helmo.be • +32 4 250 76 98

**HELMo Sainte-Croix**  
Rue Hors Château, 61  
4000 Liège  
Belgium  
+32 (0) 4 223 26 28

helmo.be

